



#AACPSReadWithMe & #AACPSPowerUpRead:

Benefits of Reading

1. Reading aloud is the single most important activity leading to literacy acquisition
2. Reading aloud builds language skills, motivation, curiosity, and memory
3. Reading aloud stimulates language development even before a child can speak
4. The more words parents use when speaking to an 8 month old infant, the greater the size of their child's vocabulary at age 3
5. One-to-one attention from parents during reading aloud encourage a positive association with books and reading later in life
6. Reading aloud helps children cope during times of stress and tragedy
7. Reading aloud exposes children rare words and ideas not found in daily conversations or screen time
8. Reading aloud provides an opportunity to practice listening, a crucial skill for kindergarten and beyond
9. Children's books contain 50% more rare words than prime time TV of even college students' conversations
10. Reading aloud is more likely to increase parent-child interaction than toy playing or other adult-child interactions
11. Reading aloud can play an important role in establishing regular wake and sleep patterns within children
12. Reading aloud improves peer relationships, coping strategies, and builds self-esteem
13. Reading for just 6 minutes can reduce stress up to 68%
14. Each time you read, you create synapses, which help increase memory
15. The more you read, the better you're able to spot patterns, a cornerstone of developing analytical skills
16. Reading is shown to improve writing skills
17. Reading increases your ability to empathize with others and connect with different cultures
18. Being read to helps kids learn how to express themselves clearly and confidently
19. Reading creates life-long lovers of learning and reading in children

20. Children whose parents read to them tend to become better readers and perform better in school
21. Reading to kids helps them with language and speech development
22. Reading expands children's vocabulary and teaches them how to pronounce new words
23. Reading to older kids helps them understand grammar and correct sentence structure
24. Being read to builds children's attention spans and helps them hone their listening skills
25. Being read to helps kids learn how to express themselves clearly and confidently
26. Curiosity, creativity and imagination are all developed while being read to
27. Reading exposes children to the world around them
28. Reading exposes children to real-world problems and solutions
29. Reading provides free entertainment anywhere