# AA YOGURT, PEACH UPSTATE

Nutrition Facts Serving Size: EACH Serving per Container: 1

Amount Per Serving Calories: 90

 Calories: 90
 Calories from Fat 0

 Total Fat 0.0g
 0%

 Saturated Fat 0.0g
 0%

 Trans Fat¹ 0.0g
 0%

 Cholesterol 5mg
 2%

 Sodium 55mg
 2%

 Total Carbohydrate 19.0g
 6%

 Dietary Fiber 0.0g
 0%

 Sugars 14.0g
 0%

 Protein 3.0g
 6%

 Vitamin A 0%
 Vitamin C 0%

 Calcium 29%
 Iron 0%



<sup>1 -</sup> Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
YES	NO	NO	NO	NO	NO	NO	NO

<sup>&</sup>lt;sup>2</sup> - Percent Daily Values are based on a 2,000 calorie diet.

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.



#### 9818 - 4 oz. Nonfat Blended Peach

Only the finest ingredients go into our Upstate Farms nonfat yogurts... made with rBST-free milk, natural ingredients, no HFCS, and no artificial colors or flavors, it means better-tasting, higher-quality, more healthy products for you to serve. Available in a plethora of flavors in 4oz, 8oz, and 5lb sizes, our extended shelf-life and 5# Dispensing System add further value to you.



Brand: Upstate Farms

90

## **Nutrition Facts**

1 servings per container

Serving size 4 oz (113g)

#### Amount per serving

### Calories

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	1%
Sodium 55mg	2%
Total Carbohydrate 19g	7%
Dietary Fiber 0g	0%
Total Sugars 14g	
Includes 10g Added Sugars	20%

#### Protein 3g

Vitamin D 4mcg 20%	•	Calcium 290mg 20%
Iron 0mg 0%	•	Potassium 140mg 2%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Nutritional/Diet Claims:** Fat Free, Gluten Free, Healthy, Kosher DAIRY Union of Orthodox Jewish Congregations of America

#### Ingredients

Cultured Pasteurized Grade a Nonfat Milk, Sugar, Modified Corn Starch, Peaches, Whey, Tricalcium Phosphate, Natural Flavors, Gellan Gum, Potassium Sorbate (For Freshness), Citric Acid, Annatto (For Color), Locust Bean Gum, Vitamin D3

#### **Case Specifications**

GTIN	10078800112923	Case Gross Weight	13.50 LB
Pack Size	48 / 4OZ	Case Net Weight	12 LB
Shelf Life	90 Days	Case L,W,H	13.19 IN, 9.94 IN, 7.19 IN
Tie x High [Total]	14 x 8 [112]	Cube	942.07 INQ

#### **Preparation and Cooking**

Keep refrigerated until ready to eat.

#### **Serving Suggestions**

Ready to eat as is or can be enjoyed when mixed with fruit or granola.

#### **Product Features and Benefits**

- Gluten Free
- Kosher Certified
- Calcium & Vitamin D Added

#### Packaging and Storage

Keep refrigerated until ready to eat. DO NOT FREEZE

#### Allergens

#### CONTAINS:

Milk or Milk Derivatives

#### FREE FROM:

Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Mustard or Mustard Derivatives, Peanuts or Peanut Derivatives, Sesameseeds or Sesameseed Derivatives, Soybeans or Soybean Derivatives, Sulphites or Sulphite Derivatives, Treenuts or Treenut Derivatives, Wheat or Wheat Derivatives