



**AA MUFFIN, CORN**

**Nutrition Facts**

Serving Size: EACH  
Serving per Container: 1

<b>Amount Per Serving</b>		
Calories: 190		Calories from Fat 63
		% Daily Value <sup>2</sup>
<b>Total Fat 7.0g</b>		11%
Saturated Fat 2.0g		10%
Trans Fat <sup>1</sup> 0.0g		
<b>Cholesterol 40mg</b>		13%
<b>Sodium 190mg</b>		8%
<b>Total Carbohydrate 31.0g</b>		10%
Dietary Fiber 1.0g		4%
Sugars 13.0g		
<b>Protein 4.0g</b>		8%
Vitamin A 0%		Vitamin C 0%
Calcium 2%		Iron 6%



<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

<sup>2</sup> - Percent Daily Values are based on a 2,000 calorie diet.

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**Allergens**

Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
YES	YES	NO	NO	NO	NO	YES	YES

YES = Present NO = Absent ? = Undefined

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



**21640 - MUFFIN CORN MADE WITH 51% WHOLE GRAIN INDIVIDUALLY WRAPPED 72/2 OZ**

Certified Kosher Dairy. Meets Smart Snack Criteria. Can be sold to schools. 1.5 Creditable Grain Ounce Equivalents. Whole Grains Council Stamp: 50%+ stamp. Minimum 13 grams per serving. Minimum 50% of total grains as whole grain. 0g Trans fat per serving. No Artificial Colors. No Artificial Flavors. No High Fructose Corn Syrup.



Brand: Delicious Essentials

# Nutrition Facts

72 servings per container  
Serving size

1 muffin (57g)

Amount per serving  
**Calories**

**190**

**Total Fat** 7g  
Saturated Fat 2g  
Trans Fat 0g  
**Cholesterol** 40mg  
**Sodium** 190mg  
**Total Carbohydrate** 31g  
Dietary Fiber 1g  
Total Sugars 13g  
Includes g Added Sugars

**% Daily Value\***  
**9%**  
**10%**  
**13%**  
**8%**  
**11%**  
**4%**  
**0%**

**Protein** 4g

Vitamin D %  
Iron 1.1mg 6%  
Vitamin C 0mg 0%

Calcium 20mg 2%  
Potassium 0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients

Whole Grains (Whole Yellow Corn Meal, Whole Wheat Flour), Sugar, Eggs, Water, Enriched Bleached Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Glycerine, Contains 2% Or Less of: Modified Corn Starch, Wheat Gluten, Whey (Milk), Leavening (Baking Soda, Sodium Aluminum Phosphate), Palmoil, Canola Oil, Potassium Sorbate (Preservative), Salt, Mono- And Diglycerides, Propylene Glycol Mono- And Diesters of Fats And Fatty Acids, Sodium Alginate, Xanthan Gum, Calcium Sulfate, Lactylic Esters of Fatty Acids, Soy Lecithin, Canola Lecithin, Enzymes. Contains: Eggs, Milk, Soy, Wheat.

## Case Specifications

GTIN	10013087216407	Case Gross Weight	10.75 LB
UPC		Case Net Weight	9 LB
Pack Size		Case L,W,H	16.45 IN, 10.95 IN, 8.27 IN
Shelf Life	365 Days	Cube	0.86 CF
Tie x High	9 x 9		

## Preparation and Cooking

Thaw and serve. Must keep frozen until ready to use.

## Serving Suggestions

Thaw and serve

## Packaging and Storage

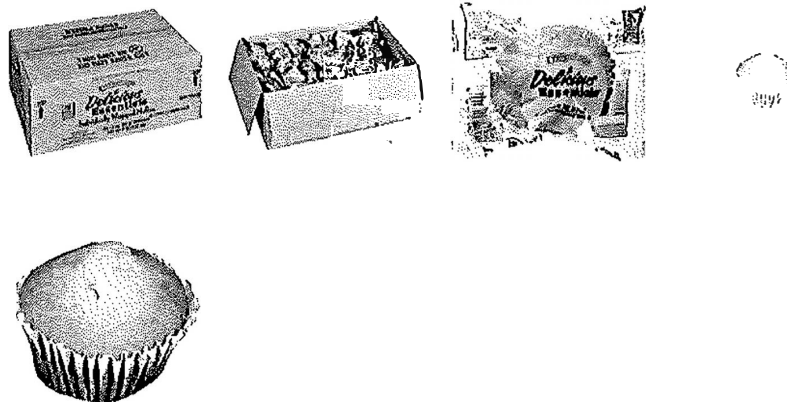
Each muffin is individually wrapped in fully labeled film and packed in a master case. Store frozen.

## Allergens

CONTAINS:

Eggs or Egg Derivatives, Milk or Milk Derivatives, Soybeans or Soybean Derivatives, Wheat or Wheat Derivatives

## Images



Country of Origin: U.S.A.