AA CEREAL, CINNAMON CHEX 2 GR

Nutrition Facts Serving Size: EACH Serving per Container: 1

Amount Per Serving Calories: 230

Protein 3.0g

Calories from Fat 45

Vitamin A 10% Vitamin C 10% Calcium 15% Iron 80%



^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
NO	NO	NO	NO	NO	NO	NO	NO

6%

² - Percent Daily Values are based on a 2,000 calorie diet.





Cinnamon Chex™ Gluten Free Cereal Single Serve K12 2oz Eq Grain

UPC: 016000148833 Information Accurate as of: April 25, 2020					
DESCRIPTION Cinnamon Chex [™] is made with real cinnamon and sweetened rice gluten-free cereal. This ready-to-eat cup provides convenient portion control and room for milk. Whole Grain Rice – first ingredient. Meets 2 ounce equivalent grains, USDA Smart Snack criteria, and is CACFP eligible.					
Case GTIN: 10016000148830					
Unit Weight: 2 OZ Units per case: 60					

Nutrition Facts

1 Container (56g) **Serving Size**

Calories per serving

240

Amount/serving		% Daily Value**	Amount/serving % Dai	ily Value**
Total Fat 5g		7%	Sodium 340mg	15%
Saturated Fat 0).5g	3%	Total Carbohydrate 46g	17%
Trans Fat 0g			Dietary Fiber 3g	10%
Polyunsaturated	Fat 1g		Total Sugars 12g	
Monounsaturated Fat 3.5g			Includes 12g Added Sugars	24%
Cholesterol 0mg		0%	Protein 3g	
Vitamin D	10% •	Calcium	15% • Iron	80%
Potassium	0% •	Vitamin A	10% • Vitamin C	10%
Thiamin	25% •	Riboflavin	15% • Niacin	10%
Vitamin B6	25% •	Folate	30% • (65mcg Folic Acid)	20%
Vitamin B12	20% •	Phosphorus	6% • Magnesium	6%
Zinc	20%			

**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*Not a significant nutrient source

Nutrition Facts

Calories
Approx Per 100g

430

Amount/100g	% Daily Value**	Amount/100g % Daily Value**		
Total Fat 9g		Sodium 620mg		
Saturated Fat 1g		Total Carbohydrate 82g		
Trans Fat 0g		Dietary Fiber 5g		
Polyunsaturated Fat 2g		Total Sugars 21g		
Monounsaturated Fat 6g		Includes 21g Added Sugars		
Cholesterol 0mg		Protein 5g		
Vitamin D	• Calcium	• Iron		
Potassium	 Vitamin A 	Vitamin C		
Thiamin	 Riboflavin 	Niacin		
Vitamin B6	• Folate	(115mcg Folic Acid)		
Vitamin B12	 Phosphorus 	Magnesium		
Zinc				

**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*Not a significant nutrient source

INGREDIENTS: Whole Grain Rice, Rice, Sugar, Canola Oil, Salt, Rice Fiber, Cinnamon, Molasses, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

KOSHER APPROVAL: OU ALLERGENS: