



**AA BENEFIT BAR, BANANA CHOC.**

**Nutrition Facts**

Serving Size: EACH  
Serving per Container: 1

Amount Per Serving		Calories from Fat 72
		% Daily Value <sup>2</sup>
<b>Total Fat</b> 8.0g		12%
Saturated Fat 3.0g		15%
Trans Fat <sup>1</sup> 0.0g		
<b>Cholesterol</b> 15mg		5%
<b>Sodium</b> 220mg		9%
<b>Total Carbohydrate</b> 48.0g		16%
Dietary Fiber 3.0g		12%
Sugars 23.0g		
<b>Protein</b> 5.0g		10%
Vitamin A 0%	Vitamin C 0%	
Calcium 2%	Iron 10%	



<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.  
<sup>2</sup> - Percent Daily Values are based on a 2,000 calorie diet.  
\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**Allergens**

Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
YES	YES	NO	NO	NO	NO	YES	YES

YES = Present NO = Absent ? = Undefined

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

### Nutrition Facts

Serving Size: 1 bar (71 g)  
Serving Per Container:

<b>Calories</b>	280		
Calories from Fat	80		
	<b>Per Serving</b>	<b>% Daily Value*</b>	
<b>Total Fat</b>	8g	13%	
Saturated Fat	3g	15%	
<i>Trans Fat</i>	0g		
<b>Cholesterol</b>	15mg	6%	
<b>Sodium</b>	220mg	9%	
<b>Total Carbohydrate</b>	48g	16%	
Dietary Fiber	3g	14%	
Sugars	23g		
<b>Protein</b>	5g		
<b>Vitamin A</b>	0%	<b>Vitamin C</b>	0%
<b>Calcium</b>	2%	<b>Iron</b>	10%

### Ingredients:

Whole wheat flour, sugar, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), chocolate chunks (sugar, unsweetened chocolate, cocoa butter, soy lecithin [an emulsifier], vanilla), oats, eggs, interesterified soybean oil, invert syrup, banana puree (with added citric acid and/or ascorbic acid), canola oil, molasses, leavening (baking soda, sodium acid pyrophosphate, corn starch), whey, natural flavors, xanthan gum, inulin, salt, spice.

### Allergen Information:

Contains: Eggs, Milk, Wheat, Soy Beans

### Kosher Type:

OU - DAIRY

### Child Nutrition Statement:

The listed serving size contains 34.30g creditable grains of which 22.05g are whole grains. This provides 2 servings of breads/grains under the Child Nutrition Program using the 16g calculator.

### Storage/ Handling:

Keep Frozen (0° F or below). Shelf life up to eighteen months when unopened and stored properly. When thawed at ambient temperature, shelf life is one week. When stored in refrigerated temperature, shelf life is 6 weeks.

### Preparation Instruction:

Thaw and serve.

### Product Specifications:

UPC	SCC/GTIN	Case	Pack
073321404024	10073321404021	1	48

Case Dimensions					
Case Length	Case Width	Case Height	Case Cube	Net Weight (Lbs)	Gross Weight (Lbs)
12.6875	7.3125	9.125	0.49	7.5	9

Pallet Dimensions		
Pallet Tier	Pallet High	Pallet Count
20	7	140

I certify that the nutritional information contained on this page is true and correct.



Kathleen Wong  
Research & Development Director

J&J Snack Foods Corp.  
6000 Central Highway, Pennsauken, NJ 08109  
(800) 486-9533 x6140 • www.jjsnack.com

