



AA BENEFIT BAR, APPLE CINNAMON

Nutrition Facts

Serving Size: EACH
Serving per Container: 1

Amount Per Serving	Calories from Fat 81
Calories: 290	
	% Daily Value ²
Total Fat 9.0g	14%
Saturated Fat 3.0g	15%
Trans Fat ¹ 0.0g	
Cholesterol 15mg	5%
Sodium 240mg	10%
Total Carbohydrate 48.0g	16%
Dietary Fiber 3.0g	12%
Sugars 22.0g	
Protein 5.0g	10%
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 10%



¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.
² - Percent Daily Values are based on a 2,000 calorie diet.
N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

Allergens

Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
YES	YES	NO	NO	NO	NO	YES	YES

YES = Present NO = Absent ? = Undefined

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



BeneFIT Bars Apple Cinnamon 2.5 oz

MANUFACTURER'S PRODUCT CODE: 40403

Nutrition Facts

Serving Size 1 bar(71g)

Serving Per Container 1

Amount Per Serving

Calories 290 Calories from Fat 80

% Daily Value*

Total Fat 9g 14%

Saturated Fat 3g 14%

Trans Fat 0g

Cholesterol 15mg 6%

Sodium 240mg 10%

Total Carbohydrates 48g 16%

Dietary Fiber 3g 13%

Sugars 22g

Protein 5g

Vitamin A 0%

Vitamin C 0%

Calcium 2%

Iron 10%

* Percent Daily Values are based on a 2000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.

	Calories	2200	2700
Total Fat	Less than	120g	180g
Saturated Fat	Less than	25g	65g
Cholesterol	Less than	50mg	70mg
Sodium	Less than	10mg	15mg
Potassium	Less than	0mg	0mg
Total Carbohydrate		200g	270g
Dietary		33g	76g

Storage/ Handling:

Keep Frozen (0° F or below). Shelf life up to eighteen months when unopened and stored properly. When thawed at ambient temperature, shelf life is one week. When stored in refrigerated temperature, shelf life is 6 weeks.

Preparation Instruction:

1. Thaw and serve. 2.Place wrapped frozen product into a heated holding cabinet at approximately 150-160 degrees F. Frozen product will need 1 hour to become fully heated in the heating unit. Product will stay fresh 3 hours in the unit.

Ingredients:

Whole wheat flour, sugar, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), dried apples, oats, interesterified soybean oil, eggs, invert syrup, canola oil, molasses, baking powder (baking soda, sodium acid pyrophosphate, corn starch, monocalcium phosphate), whey, natural flavors, inulin, xanthan gum, cinnamon, salt, soy lecithin.

Allergen Information:

Contains: Eggs, Milk, Wheat, Soy

Kosher Type:

OU - DAIRY

Child Nutrition Statement:

The listed serving size contains 34.09 creditable grains of which 21.00 are whole grains. This provides 2 servings of breads/grains under the Child Nutrition Program using the 16g calculator.

Product Specifications:

UPC	SCC/GTIN	Case	Pack
073321404031	10073321404038	1	48

Case Dimensions					
Case Length	Case Width	Case Height	Case Cube	Net Weight (Lbs)	Gross Weight (Lbs)
12.6875	7.3125	9.125	0.49	7.5	9

Pallet Dimensions		
Pallet Tier	Pallet High	Pallet Count
20	7	140

I certify that the nutritional information contained on this page is true and correct to the best of my knowledge.

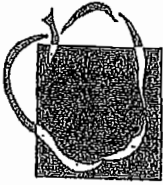

Kathleen Wong
Research & Development Director

01/06/2020

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**Allergen & Sensitive Ingredient
Attachment 3
(One form per supplied item)**

Product: <u>Benefits Bars Apple Cinnamon</u>	Product Code Number: <u>40403</u>
Company: <u>J+J Snack</u>	Contact Name & Number:

Fill in the following chart for each product you supply to the Anne Arundel County Public Schools.

√ Yes or No.

Component	Present in Product?
Milk	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Egg	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Peanut	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Tree Nut	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Fish	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Shellfish	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Soy	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Wheat	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Is there a policy to prevent cross contamination? Yes No

Is this product produced in a peanut free facility? Yes No

Is this product produced in a tree nut free facility? Yes No

IF FOR ANY REASON, THERE ARE MODIFICATIONS TO THIS PRODUCT, YOU ARE RESPONSIBLE FOR UPDATING YOUR RECORDS AND NOTIFYING US IMMEDIATELY.

Form completed by:

[Signature]
Signature of Representative

3-7-19
Date

J+J Education
Title
J+J