



AA GREEN BEANS, FROZEN

Nutrition Facts

Serving Size: 1/2 CUP
Serving per Container: 1

Amount Per Serving		
Calories: 30		Calories from Fat 0
		% Daily Value ²
Total Fat 0.0g		0%
Saturated Fat 0.0g		0%
Trans Fat ¹ 0.0g		
Cholesterol 0mg		0%
Sodium 0mg		0%
Total Carbohydrate 6.0g		2%
Dietary Fiber 0.0g		0%
Sugars 1.2g		
Protein 1.2g		2%
Vitamin A 0%		Vitamin C 10%
Calcium 2%		Iron 5%



¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.
² - Percent Daily Values are based on a 2,000 calorie diet.
N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

Allergens

Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
NO	NO	NO	NO	NO	NO	NO	NO

YES = Present NO = Absent ? = Undefined

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	VEGETABLE / GREEN BEAN, FROZEN: 10071179180395 Simplot Simple Goodness™ Cut Green Beans , 12/2 LB. Packed to U.S. Grade A Standards.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.76 oz.	½ cup cooked, drained vegetable	11.59	139.13

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Beans, Green, frozen Cut, Includes USDA Foods	Other	2.76	x	11.60 / 16	2.00
Each 2.76 ounce serving of the product above contains 1/2 cup Other vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																												
Green Beans.	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr style="background-color: #444; color: white;"> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td style="font-size: small;">Serving size</td> <td style="text-align: right;">2.76 oz (78g)</td> </tr> <tr> <td colspan="2" style="font-size: small;">Amount per serving</td> </tr> <tr> <td style="font-size: small;">Calories</td> <td style="text-align: right; font-size: large;">30</td> </tr> <tr> <td colspan="2" style="text-align: right; font-size: x-small;">% Daily Value*</td> </tr> </thead> <tbody> <tr> <td style="font-size: x-small;">Total Fat 0g</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Saturated Fat 0g</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Trans Fat 0g</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Cholesterol 0mg</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Sodium 0mg</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Total Carbohydrate 6g</td> <td style="text-align: right; font-size: x-small;">2%</td> </tr> <tr> <td style="font-size: x-small;">Dietary Fiber 2g</td> <td style="text-align: right; font-size: x-small;">7%</td> </tr> <tr> <td style="font-size: x-small;">Total Sugars 1g</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Includes 0g Added Sugars</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Protein 1g</td> <td style="text-align: right; font-size: x-small;">2%</td> </tr> <tr> <td style="font-size: x-small;">Vitamin D 0mcg</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Calcium 40mg</td> <td style="text-align: right; font-size: x-small;">4%</td> </tr> <tr> <td style="font-size: x-small;">Iron 0.7mg</td> <td style="text-align: right; font-size: x-small;">4%</td> </tr> <tr> <td style="font-size: x-small;">Potassium 150mg</td> <td style="text-align: right; font-size: x-small;">4%</td> </tr> <tr> <td style="font-size: x-small;">Vitamin A 10mcg</td> <td style="text-align: right; font-size: x-small;">2%</td> </tr> <tr> <td style="font-size: x-small;">Vitamin C 8mg</td> <td style="text-align: right; font-size: x-small;">8%</td> </tr> <tr> <td colspan="2" style="font-size: x-small;">*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</td> </tr> </tbody> </table>	Nutrition Facts		Serving size	2.76 oz (78g)	Amount per serving		Calories	30	% Daily Value*		Total Fat 0g	0%	Saturated Fat 0g	0%	Trans Fat 0g	0%	Cholesterol 0mg	0%	Sodium 0mg	0%	Total Carbohydrate 6g	2%	Dietary Fiber 2g	7%	Total Sugars 1g	0%	Includes 0g Added Sugars	0%	Protein 1g	2%	Vitamin D 0mcg	0%	Calcium 40mg	4%	Iron 0.7mg	4%	Potassium 150mg	4%	Vitamin A 10mcg	2%	Vitamin C 8mg	8%	*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.	
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<input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish																																													
ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																												
<input checked="" type="checkbox"/> Gluten Free <input type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input checked="" type="checkbox"/> Kosher <input checked="" type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input checked="" type="checkbox"/> Meets Buy America Provision	Product of USA																																												

COOKING INSTRUCTIONS	
Stove Top	Bring 5 quarts of water to a boil on HIGH. Add one bag of frozen vegetables and cook for 6 minutes, stirring as needed.
Steamer	Arrange one bag of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.
Microwave (1100 Watts)	Place one bag of frozen vegetables in a microwave safe dish. Add 2 Tbsp. of water and cover. Cook on HIGH for 14 minutes, stirring halfway through cook time.
To Serve Cold	Prepare vegetables as stated above, then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)					*Information may vary slightly by production facility
Gross Weight	25.25 LB	Case Cube (ft. ³)*	0.93	Pallet TI / HI*	10 / 6
Outer Case Dimensions (L x W x H)*	16" x 11.625" x 8.625"			Shelf-Life	24 months

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct:

Kelsey Farley
Kelsey Farley
Research Technologist



**Allergen & Sensitive Ingredient
Attachment 3
(One form per supplied item)**

Product: Simple Goodness™ Cut Green Beans	Product Code Number: 180395
Company: JR Simplot Company	Contact Name & Number: Toni Baca-Eike 208-780-8473

Fill in the following chart for each product you supply to the Anne Arundel County Public Schools.

√ Yes or No.

Component	Present in Product?
Milk	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Egg	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Peanut	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Tree Nut	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Fish	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Shellfish	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Soy	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Wheat	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

Is there a policy to prevent cross contamination? Yes No

Is this product produced in a peanut free facility? Yes No

Is this product produced in a tree nut free facility? Yes No

IF FOR ANY REASON, THERE ARE MODIFICATIONS TO THIS PRODUCT, YOU ARE RESPONSIBLE FOR UPDATING YOUR RECORDS AND NOTIFYING US IMMEDIATELY.

Form completed by:

Toni Baca-Eike
Signature of Representative

April 3, 2019
Date

Business Program Manager
Title