

# REGULATION

## ANNE ARUNDEL COUNTY PUBLIC SCHOOLS

**Related Entries:** AE

**Responsible Offices:** CHIEF OPERATING OFFICE

### WELLNESS

#### A. PURPOSE

To provide a comprehensive reference to existing policies and regulations related to the wellness of Anne Arundel County Public Schools (AACPS) students and staff.

#### B. BACKGROUND

The AACPS Wellness Program is modeled after the Coordinated School Health Program developed by the Centers for Disease Control and Prevention (CDC), which recognizes 10 unique but complementary components, each encompassing and enhancing school instruction, services, physical and social environments, as well as addressing staff needs. Existing AACPS policies and regulations referenced below relate to, impact, or influence the wellness of AACPS students and staff.

#### C. PROCEDURES

1. There is an AACPS Wellness Council (Council), under the leadership of the Deputy Superintendent for Student and School Support, that implements and coordinates school health programs in all school facilities and adjunct offices. Representatives from all 10 components of the Coordinated School Health program shall meet regularly at the Council meetings to develop goals, activities and outcomes to create healthy school environments.
2. In the development of the goals, the Council shall review and consider evidence-based strategies and conduct a comprehensive assessment of school-level wellness in accordance with the federal *Triennial Assessment of the Local School Wellness Policy* requirements at least once every 3 years to demonstrate:
  - a. AACPS compliance;
  - b. How the AACPS policy compares to model policies;
  - c. AACPS progress attaining established wellness goals; and
  - d. How the assessment and policy updates will be communicated to the public.

3. The following AACPS policies and regulations meet the 10 components of the CDC's Coordinated School Health Program.
  - a. **Community Involvement**  
Community Use of School Facilities (KC/KC-RA)
  - b. **Counseling, Psychological, and Social Services**  
Confidential Communication: Reporting of At-Risk Student Behaviors (GAD/GAD-RA)  
Homeless Students (JAC/JAC-RA)  
Reporting Child Abuse/Neglect (JEF/JEF-RA)  
Student Behavior Interventions – Exclusion, Seclusion, and Physical Restraint (JK/JK-RA)  
Student Services (JL/JL-RA)
  - c. **Employee Wellness**  
Employee Leave (GC/GC-RAA – RAQ)  
Healthy Meetings and Events (GAII-RAA)  
Staff Wellness (GAII/GAII-RA)
  - d. **Family Engagement**  
Parent/Family/Community Involvement (KH/KH-RA)  
School Fundraising Activities (KE/KE-RA)
  - e. **Health Education**  
Health Educations (IFG/IFG-RA)
  - f. **Health Services**  
Communicable Diseases (JED/JED-RA)  
Immunization Requirements for Students (JEG/JEG-RA)  
Physical Examinations Required for New Students (JEA/JEA-RA)  
Storage and Use of Naloxone or Other Overdose-Reversing Medication (JECB/JECB-RA)  
Student Accident and Injury Reporting (JEB/JEB-RA)  
Student Accident Insurance/Interscholastic Sport Health Insurance Requirement (ECA/ECA-RA)  
Student with Known Anaphylactic Allergies or Who are Perceived to be Having Symptoms of Anaphylaxis (JECA/JECA-RA)
  - g. **Nutrition Environment and Services**  
Student Nutrition Services (EB/EB-RA)
  - h. **Physical Education and Physical Activity**  
Academic Opportunities for Students (JJD)  
Interscholastic Athletics (JJB/JJB-RA)  
Physical Education (IFC/IFC-RA)

i. **Physical Environment**

Alcoholic Beverage, Controlled Dangerous Substance, or Other Intoxicants (JCC-RAC)

Attacks by Students (JCC-RAF)

Drug-, Alcohol-, and Tobacco- Free Work Environments (GAC/GAC-RA)

Gang and Gang-Like Activities (JCCB/JCCB-RA)

Green Product Cleaning Supplies (DEE/DEE-RA)

Healthy School Environment (EJ/EJ-RA)

Possession and/or Use of Dangerous or Deadly Weapons by Students (JCC-RAD)

Safety Program (ECB/ECB-RA)

School Safety Patrols (JEI)

Sustainability Plan (EJA)

Use of Tobacco by Students (JCC-RAB)

j. **Social and Emotional Climate**

Bias Behavior and Language (JO/JO-RA)

Bullying, Cyberbullying, Harassment, and Intimidation (JCCA)

Student Sexual Harassment and Misconduct (JP)

*Regulation History:* Developed by Superintendent 02/08/06; 01/25/17; 06/17/20  
Reviewed by Board of Education: 07/12/06; 02/15/17; 07/08/20  
Issued: 07/12/06; 04/19/17; Revised 09/16/20

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