## **POLICY**

# BOARD OF EDUCATION OF ANNE ARUNDEL COUNTY

Related Entries: AE, GAII-RA, GAII-RAA

Responsible Offices: DIVISION OF HUMAN RESOURCES, FOOD AND NUTRITION SERVICES

#### STAFF WELLNESS

#### A. PURPOSE

To ensure that Anne Arundel County Public Schools (AACPS) promotes employee wellness as part of the Coordinated School Health Program.

#### B. ISSUE

AACPS values its employees and recognizes that staff wellness improves attendance, productivity, motivation, morale, recruitment and retention. Healthy staff results in lower healthcare costs, and reduce turnover, on-the-job injuries, and disability management costs. Moreover, the healthy lifestyle of staff sets a good example for students and, ultimately, enhances the learning process.

#### C. POSITION

- 1. The Board of Education of Anne Arundel County (Board) supports the engagement of parents/guardians, students, teachers, food service professionals, health professionals, and other interested community members in developing, implementing, monitoring, and reviewing county-wide staff wellness policies, regulations, and programs.
- 2. The Board, in partnership with the Superintendent, shall develop, implement and promote programs, services and activities, and provide resources in the public schools which will encourage lifelong habits of healthy lifestyles among staff.
- 3. AACPS supports collaboration with local partners and stakeholders to conduct a review of the Coordinated School Health Program, including health promotion for staff, and present an annual report to the Superintendent and Board.
- 4. AACPS recognizes that the wellness of staff incorporates physical, mental, social, and intellectual elements.
- 5. Employees are encouraged to engage in preventive care and attend to their immediate health needs.

6. Federal and State-mandated benefits shall be offered by plan administrators.

### E. IMPLEMENTATION

The Superintendent is authorized to develop regulations to implement this policy.

Policy History: Adopted on 07/12/06; Revised 06/20/18

Note Previous Policy History: None