REGULATION ANNE ARUNDEL COUNTY PUBLIC SCHOOLS

Related Entries: AE, GAII, GAII-RAA **Responsible Offices:** DIVISION OF HUMAN RESOURCES, FOOD AND NUTRITION SERVICES

STAFF WELLNESS

A. PURPOSE

To establish procedures for development, implementation, and review of the policy on Staff Wellness.

B. BACKGROUND

- 1. The staff wellness program represents a joint effort between Anne Arundel County Public Schools (AACPS) and employees to improve employee health. The AACPS staff wellness program strives for the following outcomes among employees:
 - a. Improved health and well-being;
 - b. Heightened health awareness;
 - c. Improved health behaviors;
 - d. Improved morale; and
 - e. Reduced stress.
- 2. The AACPS staff wellness program strives for following benefits to the school system:
 - a. Reduced claims;
 - b. Reduced on-the-job injuries;
 - c. Reduced disability management costs;
 - d. Reduced absenteeism;
 - e. Reduced turnover; and
 - f. Increased productivity.

C. **PROCEDURES**

- 1. In accordance with Policy AE Wellness, a Wellness Council shall be appointed by the Superintendent or the Superintendent's designee, and wellness teams shall be identified at work locations.
- 2. The Wellness Council shall establish wellness program priorities.
- 3. Partnerships shall be established or maintained with the community, including departments of Anne Arundel County government, local hospitals, non-profit organizations, healthcare vendor partners, and other stakeholders.
- 5. Information about wellness programs shall be communicated to AACPS employees.
- 6. Wellness programs may be expanded to retirees, dependents of employees, and Anne Arundel County residents.
- **Regulation History:** Developed by Superintendent 2/8/06 Reviewed by Board of Education 7/12/06 Issued 7/12/06; Revised 06/20/18

Note Previous Regulation History: None