REGULATION ANNE ARUNDEL COUNTY PUBLIC SCHOOLS

Related Entries: AE, DEE, DEE-RA, EB, EB-RA, ECA, ECA-RA, ECB, ECB-RA, EJ, EJ-RA, EJA, GAC, GAC-RA, GAD, GAD-RA, GAII, GAII-RA, GAII-RAA, GC, GC-RAA – GC-RAQ, GE, GE-RA, IFC, IFC-RA, IFG, IFG-RA, JAC, JAC-RA, JCC-RAB, JCC-RAC, JCC-RAD, JCC-RAF, JCCA, JCCA-RA, JCCB, JCCB-RA, JEA, JEA-RA, JEB, JEB-RA, JEC, JEC-RA, JECA, JECA-RA, JECAA, JECB, JECB-RA, JED, JED-RA, JEF, JEF-RA, JEG, JEG-RA, JEI, JJB, JJB-RA, JJD, JJE, JJE-RA, JK, JK-RA, JL, JL-RA, JO, JO-RA, JP, JP-RA, JR, JR-RA, JS, JS-RA, JQ, JQ-RA, KC, KC-RA, KE, KE-RA, KH, KH-RA
Responsible Offices: OFFICE OF OPERATIONS, DIVISION OF FOOD AND NUTRITION SERVICES, OFFICE OF STUDENT AND SYSTEMIC SUPPORTS, DIVISION OF STUDENT SERVICES, DEPARTMENT OF WELLNESS

WELLNESS

A. PURPOSE

To establish procedures to ensure Anne Arundel County Public Schools (AACPS) promotes the Centers for Disease Control and Prevention (CDC) Coordinated School Health Program and Whole School, Whole Community, Whole Child (WSCC) model; and to also provide a comprehensive reference to existing policies and regulations related to the wellness of AACPS students and staff.

B. BACKGROUND

The AACPS Wellness Program is modeled after the Coordinated School Health Program developed by the CDC, which recognizes 10 unique but complementary components, each encompassing and enhancing school instruction, services, and physical and social environments, as well as addressing staff needs. Existing AACPS policies and regulations referenced below relate to, impact, or influence the wellness of AACPS students and staff.

C. PROCEDURES

1. There is an AACPS Wellness Council (Council), under the leadership of the Chief Student and Systemic Supports Officer, that implements and coordinates school health programs in all school facilities and adjunct offices.

2. Representatives from all 10 components of the Coordinated School Health program shall meet regularly at the Council meetings to develop goals, activities, and outcomes to create healthy school environments.

a. The goals developed shall include specific goals for nutrition promotion and education, physical activity, and other school-based activities, including:

   i. All students in Pre-K and elementary school shall receive recess daily;

   ii. All students in middle and high school shall be provided with daily opportunities before, during, or after-school for physical activity;

   iii. Comprehensive nutrition and physical education in accordance with Policy IFG and Regulation IFG-RA – Health Education and Policy IFC and Regulation IFC-RA – Physical Education; and

   iv. District and school-based wellness activities in accordance with the AACPS comprehensive wellness system, including events, promotion strategies, and educational activities in alignment with WSCC model areas.

b. In the development of the goals, the Council shall review and consider evidence-based strategies.

3. The Council shall conduct a comprehensive assessment of school-level wellness in accordance with the federal *Triennial Assessment of the Local School Wellness Policy* requirements at least once every 3 years to demonstrate AACPS compliance and progress attaining established wellness goals.

   a. The comprehensive assessment of school-level wellness conducted by the Council shall include a review of Policy AE and this administrative regulation.

      i. The Council shall provide an opportunity for parents/guardians, students, employees, and the community to participate in the policy and administrative regulation review process.

      ii. The Council may make recommendations regarding Policy AE or this administrative regulation in their annual report and presentation to the Superintendent and Board.

4. The following AACPS policies and regulations meet the 10 components of the CDC's Coordinated School Health Program.

   a. **Community Involvement**
   Community Use of School Facilities (KC/KC-RA)

   b. **Counseling, Psychological, and Social Services**
   Confidential Communication: Reporting of At-Risk Student Behaviors (GAD/GAD-RA)

Homeless Students (JAC/JAC-RA)
Reporting Child Abuse and Neglect (JEF/JEF-RA)
Student Behavior Interventions – Exclusion, Seclusion, and Physical Restraint (JK/JK-RA)
Student Services (JL/JL-RA)

c. **Employee Wellness**
Employee Leave (GC/GC-RAA – RAQ)
Healthy Meetings and Events (GAII-RAA)
Staff Wellness (GAII/GAII-RA)
Lactation Accommodations (GE/GE-RA)

d. **Family Engagement**
Parent, Family, and Community Involvement (KH/KH-RA)
School Fundraising Activities (KE/KE-RA)

e. **Health Education**
Health Education (IFG/IFG-RA)

f. **Health Services**
Communicable Diseases (JED/JED-RA)
Immunization Requirements for Students (JEG/JEG-RA)
Physical Examinations Required for New Students (JEA/JEA-RA)
Administering Medication to Students (JEC/JEC-RA)
Storage and Use of Naloxone or Other Overdose-Reversing Medication (JECB/JECB-RA)
Student Accident and Injury Reporting (JEB/JEB-RA)
Student Accident Insurance/Interscholastic Sport Health Insurance Requirement (ECA/ECA-RA)
Student with Anaphylactic Allergies or Perceived Symptoms of Anaphylaxis (JECA/JECA-RA)
Students with a Known Food Allergy (JECAA)
Administering of Medical Cannabis (JR/JR-RA)
Pregnant and Parenting Students (JS/JS-RA)

g. **Nutrition Environment and Services**
Student Nutrition Services – Whole School (EB/EB-RA)

h. **Physical Education and Physical Activity**
Academic Opportunities for Students (JJD)
Interscholastic Athletics (JJB/JJB-RA)
Physical Education (IFC/IFC-RA)
Suspected Head Injuries and Concussions (JJE/JJE-RA)

i. **Physical Environment**
Alcoholic Beverage, Controlled Dangerous Substance, or Other Intoxicants (JCC-RAC)
Attacks by Students (JCC-RAF)
Drug-, Alcohol-, and Tobacco- Free Work Environments (GAC/GAC-RA)
Gang and Gang-Like Activities (JCCB/JCCB-RA)
Green Product Cleaning Supplies (DEE/DEE-RA)
Healthy School Environment (EJ/EJ-RA)
Possession and/or Use of Dangerous or Deadly Weapons by Students (JCC-RAD)
Safety Program (ECB/ECB-RA)
School Safety Patrols (JEI)
Sustainability Plan (EJA)
Use of Tobacco by Students (JCC-RAB)

j. **Social and Emotional Climate**
Bias Behavior and Language (JO/JO-RA)
Bullying, Cyberbullying, Harassment, and Intimidation (JCCA/JCCA-RA)
Student Sexual Harassment and Misconduct (JP/JP-RA)
Safe and Inclusive Environments for LGBTQ+ Students (JQ/JQ-RA)

Regulation History: Issued 07/12/06; Revised 04/19/17; 09/16/20; 05/13/25; 11/02/26

Note Previous Regulation History: Issued 07/12/06

Legal References: Healthy and Hunger-Free Kids Act of 2010; 7 CFR Parts 210 and 220; 81 Federal Register 50156; Maryland Nutrition Standards for All Foods Sold in School