

REGULATION

ANNE ARUNDEL COUNTY PUBLIC SCHOOLS

Related Entries: AE, AE-RA, IE, IE-RA, IFG, IH, IH-RA, KBB, KBB-RA

Responsible Office: OFFICE OF ACADEMICS, DIVISION OF CURRICULUM, INSTRUCTION, AND ASSESSMENTS

HEALTH EDUCATION

A. PURPOSE

To provide procedures for teaching comprehensive health education in Anne Arundel County Public Schools (AACPS).

B. BACKGROUND

This regulation is in accordance with State law and regulations which require local school systems to provide a comprehensive health education instructional program in public schools for grades Kindergarten through 12.

C. DEFINITIONS

1. **Consent** – the unambiguous and voluntary agreement between all participants in each physical act within the course of interpersonal relationships, including respect for personal boundaries.

D. PROCEDURES

1. In accordance with the Code of Maryland Regulations (COMAR), the AACPS comprehensive health education program shall include the content standards, indicators, and objectives as defined in the College and Career Readiness Standards.
2. The comprehensive health education program shall cover various topics in accordance with State law and regulations, including:
 - a. Annual instruction for Family Life and Human Sexuality with specific outcomes and activities appropriate for students in grades 3 through 5, 6 through 8, and 9 through 12, which shall include age-appropriate instruction on the meaning of consent and respect for personal boundaries as part of the curriculum in every grade in which the curriculum is taught;
 - b. Annual instruction in Human Immunodeficiency Virus (HIV) and Acquired

Immune Deficiency Syndrome (AIDS) Prevention Education to all students at least once in grades 3 through 5, at least once in grades 6 through 8, and at least once in grades 9 through 12 with content and curricular topics appropriate to the age, interests, and needs of students;

- c. Cardiopulmonary resuscitation and the use of an automated external defibrillator;
 - d. Age-appropriate education on the awareness and prevention of sexual abuse and assault; and
 - e. Instruction on drug addiction and prevention, including heroin and opioid addiction and prevention, and information relating to the lethal effect of fentanyl.
3. AACPS shall consult with the local health department in the development of the curriculum on HIV and AIDS prevention. AACPS may also use resources available from the Maryland Department of Health and Maryland State Department of Education. All aspects of the curriculum shall be reviewed by a committee at least annually to assure that it is accurate and current.
 4. AACPS shall select materials of instruction in accordance with Policy IH – Materials of Instruction.
 5. AACPS shall collaborate with community stakeholders in accordance with Policy KBB – Family Life and Human Sexuality Advisory Committee.
 6. AACPS shall develop teacher training to support teachers delivering the health education curriculum.

Regulation History: Issued 08/02/06; Revised 03/06/19; Technical Edit 06/17/25

Note Previous Regulation History: None

Legal References: Section 7-401 of the Education Article; COMAR 13A.04.18.02