

POLICY

BOARD OF EDUCATION OF ANNE ARUNDEL COUNTY

Related Entries: AE, AE-RA, IFC-RA

Responsible Office: OFFICE OF ACADEMICS, DIVISION OF CURRICULUM, INSTRUCTION, AND ASSESSMENTS

PHYSICAL EDUCATION

A. PURPOSE

To establish and implement a planned and sequential physical education program for students in Anne Arundel County Public Schools (AACPS).

B. ISSUE

State law requires a physical education instructional program in public schools for grades Prekindergarten through 12. AACPS further recognizes that physical education for students is an important component of the Coordinated School Health Program, Board of Education of Anne Arundel County Policy AE – Wellness, Administrative Regulation AE-RA – Wellness, and the Maryland School Health Council.

C. POSITION

In accordance with the Code of Maryland Regulations (COMAR), each local school system shall provide a comprehensive program in physical education in accordance with guidelines established by the Maryland State Department of Education. In accordance with COMAR, the following physical education instructional programs shall be required in AACPS for grades Prekindergarten-12:

1. **Grades Prekindergarten-8:** An instructional program in physical education each year with sufficient frequency and duration to meet the standards of the Maryland Physical Education Framework for all students in grades Prekindergarten-8;
2. **Grades 9-12:** A standards-based physical education program in grades 9-12 which shall enable students to meet the graduation requirements and to select physical education electives; and
3. A quality physical education program is designed and taught by certified physical education specialists to provide learning experiences that meet the developmental needs of children. The meaningful physical education program includes content to ensure AACPS students can:

- a. Demonstrate competency in a variety of motor skills and movement patterns;
- b. Apply knowledge of concepts, principles, strategies, and tactics related to movement and performance;
- c. Demonstrate the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness;
- d. Exhibit responsible personal and social behavior that respects self and others;
- e. Recognize the value of physical activity for health, enjoyment, challenge, self-expression, and social interaction;
- f. Provide ongoing assessments that align with the Maryland Physical Education Framework and the Society of Health and Physical Education America Grade-Level Outcomes;
- g. Provide reasonable accommodations as necessary to ensure students with disabilities an equal opportunity to participate, to the fullest extent possible; and
- h. Provide adapted, allied, or unified physical education, as defined in State law, that meets the standards-based physical education program.

D. IMPLEMENTATION

The Superintendent is authorized to develop regulations to implement this policy.

Policy History: Adopted on 09/06/06; Revised 09/16/20; Technical Edit 06/17/25

Note Previous Policy History: Replaces Policy 605.03, revised 01/17/90

Legal References: Sections 7-409 and 7-413 of the Education Article; COMAR 13A.04.13.01