



AACPS Wellness School of Distinction | Scoring Rubric

Name of Judge: _____

School: _____

Number of components documented: _____

Cover Sheet, total 10 points: *The examples provided within each category are illustrative and not complete.*

Exceptional (9-10 points)	Above Average (5-8 points)	Average (1-4 points)
_____ clearly documents representation of students, parents, staff, and other community members as part of the application nomination process	_____ reflects some representation of students, parents, staff, and/or community members as part of the application nomination process	_____ shows no clear evidence that students, parents, staff, or other community members are part of the application nomination process

Reviewer rating for **Cover Sheet** (10-point maximum): _____

School Wellness Culture Summary, total 15 points: *The examples provided within each category are illustrative and not complete.*

Exceptional (11-15 points)	Above Average (6-10 points)	Average (1-5 points)
_____ demonstrates a strong culture and philosophy of wellness among students, staff, and community members	_____ demonstrates a foundation for a wellness culture that still needs development	_____ provides little or no information about the school's wellness culture
_____ provides specific example of the impact that the school has had on the overall attitudes of students, staff, and community toward wellness	_____ provides minimal example of the impact that the school has had on overall attitudes of students, staff, and community toward wellness	_____ provides few or no examples of the school's impact on the wellness attitudes of students, staff, and the community
_____ demonstrates outstanding and ongoing wellness leadership within the community	_____ demonstrates a wellness presence within the community	_____ provides little or no information on the school's wellness leadership within the community
_____ builds ongoing community partnerships in support of student wellness	_____ builds occasional community partnerships in support of student wellness	_____ provides little or no information about community partnerships in support of wellness

Reviewer rating for **School Wellness Culture Summary** (15-point maximum): _____

Wellness Initiatives Summaries (40 points): *The examples provided within each category are illustrative and not complete.*

Health Education Initiatives

Exceptional (5 points)	Above Average (3-4 points)	Average (1-2 points)
<p>_____ clearly explains the school's actions and programs beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides outstanding examples in support of initiative and /or</p> <p>_____ has seen and demonstrated significant improvement in reaching students and community in relation to the initiative</p>	<p>_____ partly explains the school's actions and programs beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides some examples in support of initiative and /or</p> <p>_____ has demonstrated some or little improvement in reaching students and community in relation to the initiative</p>	<p>_____ does not explain the school's wellness efforts beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides no examples in support of initiative and /or</p> <p>_____ has not demonstrated improvement in reaching students and community in relation to the initiative</p>

Physical Activity Initiatives

Exceptional (5 points)	Above Average (3-4 points)	Average (1-2 points)
<p>_____ clearly explains the school's actions and programs beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides outstanding examples in support of initiative and /or</p> <p>_____ has seen and demonstrated significant improvement in reaching students and community in relation to the initiative</p>	<p>_____ partly explains the school's actions and programs beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides some examples in support of initiative and /or</p> <p>_____ has demonstrated some or little improvement in reaching students and community in relation to the initiative</p>	<p>_____ does not explain the school's wellness efforts beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides no examples in support of initiative and /or</p> <p>_____ has not demonstrated improvement in reaching students and community in relation to the initiative</p>

Allied Health Personnel Partnerships Initiatives

Exceptional (5 points)	Above Average (3-4 points)	Average (1-2 points)
<p>_____ clearly explains the school's actions and programs beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides outstanding examples in support of initiative and /or</p> <p>_____ has seen and demonstrated significant improvement in reaching students and community in relation to the initiative</p>	<p>_____ partly explains the school's actions and programs beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides some examples in support of initiative and /or</p> <p>_____ has demonstrated some or little improvement in reaching students and community in relation to the initiative</p>	<p>_____ does not explain the school's wellness efforts beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides no examples in support of initiative and /or</p> <p>_____ has not demonstrated improvement in reaching students and community in relation to the initiative</p>

Nutrition Initiatives

Exceptional (5 points)	Above Average (3-4 points)	Average (1-2 points)
<p>_____ clearly explains the school's actions and programs beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides outstanding examples in support of initiative and /or</p> <p>_____ has seen and demonstrated significant improvement in reaching students and community in relation to the initiative</p>	<p>_____ partly explains the school's actions and programs beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides some examples in support of initiative and /or</p> <p>_____ has demonstrated some or little improvement in reaching students and community in relation to the initiative</p>	<p>_____ does not explain the school's wellness efforts beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides no examples in support of initiative and /or</p> <p>_____ has not demonstrated improvement in reaching students and community in relation to the initiative</p>

Mental Wellness Initiatives

Exceptional (5 points)	Above Average (3-4 points)	Average (1-2 points)
<p>_____ clearly explains the school's actions and programs beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides outstanding examples in support of initiative and /or</p> <p>_____ has seen and demonstrated significant improvement in reaching students and community in relation to the initiative</p>	<p>_____ partly explains the school's actions and programs beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides some examples in support of initiative and /or</p> <p>_____ has demonstrated some or little improvement in reaching students and community in relation to the initiative</p>	<p>_____ does not explain the school's wellness efforts beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides no examples in support of initiative and /or</p> <p>_____ has not demonstrated improvement in reaching students and community in relation to the initiative</p>

School Environment Initiatives

Exceptional (5 points)	Above Average (3-4 points)	Average (1-2 points)
<p>_____ clearly explains the school's actions and programs beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides outstanding examples in support of initiative and /or</p> <p>_____ has seen and demonstrated significant improvement in reaching students and community in relation to the initiative</p>	<p>_____ partly explains the school's actions and programs beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides some examples in support of initiative and /or</p> <p>_____ has demonstrated some or little improvement in reaching students and community in relation to the initiative</p>	<p>_____ does not explain the school's wellness efforts beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides no examples in support of initiative and /or</p> <p>_____ has not demonstrated improvement in reaching students and community in relation to the initiative</p>

Staff Health Initiatives

Exceptional (5 points)	Above Average (3-4 points)	Average (1-2 points)
<p>_____ clearly explains the school's actions and programs beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides outstanding examples in support of initiative and /or</p> <p>_____ has seen and demonstrated significant improvement in reaching students and community in relation to the initiative</p>	<p>_____ partly explains the school's actions and programs beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides some examples in support of initiative and /or</p> <p>_____ has demonstrated some or little improvement in reaching students and community in relation to the initiative</p>	<p>_____ does not explain the school's wellness efforts beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides no examples in support of initiative and /or</p> <p>_____ has not demonstrated improvement in reaching students and community in relation to the initiative</p>

Family/Community Involvement Initiatives

Exceptional (5 points)	Above Average (3-4 points)	Average (1-2 points)
<p>_____ clearly explains the school's actions and programs beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides outstanding examples in support of initiative and /or</p> <p>_____ has seen and demonstrated significant improvement in reaching students and community in relation to the initiative</p>	<p>_____ partly explains the school's actions and programs beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides some examples in support of initiative and /or</p> <p>_____ has demonstrated some or little improvement in reaching students and community in relation to the initiative</p>	<p>_____ does not explain the school's wellness efforts beyond the curriculum and system-wide efforts to promote wellness</p> <p>_____ provides no examples in support of initiative and /or</p> <p>_____ has not demonstrated improvement in reaching students and community in relation to the initiative</p>

Reviewer rating for **Wellness Initiatives Summaries** (40-point maximum): _____

TOTAL SCORE (65-point maximum):_____