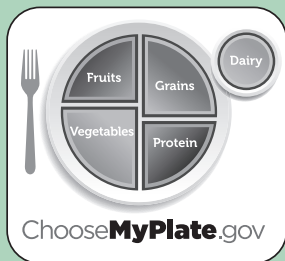


JUNE 2018

Lunch is only \$2.75 and includes the following healthy choices:



Lean Protein • Veggies* (steamed & fresh) • Fruits* (fresh & canned) • Whole Grain Breads & Rice • Milk (low fat or fat free)

Fruits Every Day Selections vary to create variety: Apples, Bananas, Cantaloupe, Craisins, Grapefruit, Honeydew, Kiwi, Nectarines, Oranges, Peaches, Pears, Plums, Raisins, Strawberries, Tangerines, Watermelon

Vegetables Every Day Selections vary to create variety: Bell Peppers, Broccoli Florets, Carrot Sticks, Cauliflower Florets, Celery Sticks, Cherry/Grape Tomatoes, Cucumber Coins, Peas, Summer Squash, Zucchini



When you see an (L), this indicates locally sourced produce!

*Up to two cups per day. Enjoy!

Monday	Tuesday	Wednesday	Thursday	Friday
Interested in a few hours of work? Come join our team! Apply on line at www.aacps.org Click – Join Our Team Click – APPLY NOW then select – Support Staff School-Based Search – (type in Food) then Click on Temporary Food Service Worker 1 (Substitute) <i>An equal opportunity employer</i>				1 Tasting of the Rainbow Pizza Macaroni & Cheese w/Garlic Bread Stick Salmon Salad SunButter & Cheese Combo <i>Broccoli Normandy • Baby Carrots Mixed Green Salad • Pears</i>
4	5	6	7	8
Popcorn Chicken w/Pretzel Rod Buffalo Chicken Pizza Garden Salad Cheese & Yogurt Combo <i>Corn • Baby Carrots Mixed Green Salad • Pineapple</i>	Teriyaki Chicken w/Rice Hot Dog Tuna Salad Cheese & Yogurt Combo <i>Broccoli • Baby Carrots Mixed Green Salad • Baked Fruit</i>	Crispy Chicken Sandwich Meatball Sub Taco Salad Cheese & Yogurt Combo <i>Roasted Brussels Sprouts • Baby Carrots Mixed Green Salad • Mixed Fruit</i>	Taco w/Corn Chips Hamburger Cherry Blossom Chicken Salad Cheese & Yogurt Combo <i>Carrots • Baby Carrots Mixed Green Salad • Mandarin Oranges</i>	Pizza General Tso's Beef w/Rice Salmon Salad SunButter & Cheese Combo <i>Taco Fiesta Beans • Baby Carrots Mixed Green Salad • Applesauce</i>
11	12	13	14 Two Hour Early Dismissal	15 Two Hour Early Dismissal
Pancakes w/Sausage Steak and Cheese Sub Garden Salad Cheese & Yogurt Combo <i>Roasted Potatoes • Baby Carrots Mixed Green Salad • Mandarin Oranges</i>	Taco w/Corn Chips Macaroni & Cheese w/Garlic Bread Stick Tuna Salad Cheese & Yogurt Combo <i>Taco Fiesta Beans • Baby Carrots Mixed Green Salad • Pears</i>	Grilled Chicken Sandwich Chicken Alfredo w/Garlic Bread Stick Taco Salad Cheese & Yogurt Combo <i>Broccoli Normandy • Baby Carrots Mixed Green Salad • Mixed Fruit</i>	Chicken Drumstick w/Corn Muffin Beef Dippers w/Rice Cherry Blossom Chicken Salad Cheese & Yogurt Combo <i>Roasted Acorn Squash • Baby Carrots Mixed Green Salad • Peach Cup</i>	Pizza Corn Dog Salmon Salad SunButter & Cheese Combo <i>Broccoli • Baby Carrots Mixed Green Salad • Baked Fruit</i>

School Meal Account Information:

All prepaid account balances remain on the student's account while the student is enrolled in Anne Arundel County Public Schools. Monies remain with the students as they graduate to a higher grade and/or transfer to a different school in Anne Arundel County. In addition, refunds for withdrawing and graduating students will be completed at the school restaurant (cash register) upon request. Balances that remain on account after withdrawal/graduation will be available for refunds up to one calendar year after withdrawal/graduation. After such time, all monies remaining on account will revert back to AACPS in support of School Breakfast and Lunch Programs.

Breakfast \$1.50

Bagel, Banana Bread, Benefit Breakfast Bar, Berry Bread, Cereal (Cinnamon Chex, Cinnamon Toast Crunch, Corn Chex, Fruity Cheerios, Golden Grahams, Multigrain Cheerios), Flip, Frudel, Graham Crackers, Mini Benefit Breakfast Bar, Mini Cinnis, Mini Loaf, Mini Muffin, Mini Oatmeal Bar, Mini Sweet Potato Roll, Muffin, Multi-Grain Breakfast Break, Oatmeal Bar, Pumpkin Bread, Sweet Potato Roll, Ultimate Breakfast Round, Zucchini Bread | Low Fat & Fat Free Milk, 100% Fruit Juice, Fruit



AACPS offers MyPaymentsPlus to manage your child's meal account on-line. Visit www.MyPaymentsPlus.com to register today.

Tune into Food for Thought on AACPS-TV:

Broadstripe: Channels 96 & 496 (HD)
 Comcast: Channels 96 & 996 (HD)
 Verizon: Channels 36 & 961 (HD)



Free Summer Meals for kids and teens in your community.
 Find a site near you!
 Call 410-222-5900 for more information.

