# REGULATION ANNE ARUNDEL COUNTY

## **PUBLIC SCHOOLS**

Related Entries: Policy GA11AE, GAII

Responsible Offices: DIVISION OF HUMAN RESOURCES, FOOD AND NUTRITION SERVICES

### STAFF WELLNESS

#### **PURPOSE** Α.

To establish procedures for development, implementation, and review of the policy on Staff Wellness.

#### B. **BACKGROUND**

- 1. The staff wellness program represents a joint effort between Anne Arundel County Public Schools (AACPS) and employees to improve employee health. The AACPS staff wellness program strives for the following outcomes among employees:
  - a. Improved health and well-being;
  - b. Heightened health awareness;
  - c. Improved health behaviors;
  - d. Improved morale; and
  - e. Reduced stress.
- The AACPS staff wellness program strives for following benefits to the school system:
  - a. Reduced claims;
  - b. Reduced on-the-job injuries;
  - c. Reduced disability management costs;
  - d. Reduced absenteeism;
  - e. Reduced turnover; and
  - f. Increased productivity.

## C. POLICY IMPLEMENTATION PROCEDURES

- 1. <u>In accordance with Policy AE Wellness, Aa</u> Wellness <u>Team Council will</u> <u>shall</u> be appointed by the Superintendent <u>or the Superintendent's designee</u>, and <u>Wellness Contacts will</u>wellness teams shall be identified at work locations.
- 2. The Superintendent will Wellness Council shall establish wellness program priorities (e.g. annual Health Fair).
- 3. Employees will be surveyed regarding health needs and desires (e.g. via health risk assessment).
- 43. Partnerships will-shall be established or maintained with the community, such as including departments of Anne Arundel County departments government, local hospitals, non-profit organizations (e.g. American Cancer Society), healthcare vendor partners, and other businesses/committeesstakeholders.
- 5. <u>Information about Ww</u>ellness programs will shall be communicated to AACPS employees via website and/or hard copy.
- 6. Wellness programs <u>can may</u> be expanded to retirees, dependents of employees, and Anne Arundel County residents.

Regulation History: Developed by Superintendent 2/8/06;

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Note Previous Regulation History: None